

ESU MEN'S LEADERS - PSAC CHAMPIONSHIPS

This document includes all men's track & field athletes who scored in at least 5 events (combined individual/relays) at PSAC Track & Field Championships. A complete list of scoring performances at PSAC Championships can be found on the Track & Field Archives page.

Please note: The list below includes both PSAC indoor and outdoor championships. The first indoor championship was held in 2002.

Most PSAC Scoring Performances (overall)

21	Keith Parker-Washington	9 ind, 12 relay
19	Damien Boham	9 ind, 10 relay
17	Ian Melhorn	9 ind, 8 relay
17	Chris Reddick	9 ind, 8 relay
15	Khai Samuels	7 ind, 8 relay
15	Dan Johnson	15 ind
15	Steve Morgan	11 ind, 4 relay
15	Iuri Pinto	11 ind, 4 relay
15	Paul Wagner	15 ind
14	Andrew McCloskey	10 ind, 4 relay
13	Ronald D'Eliseo	8 ind, 5 relay
13	Negus Graham	8 ind, 5 relay
13	Khai Samuels	6 ind, 7 relay
13	Kyle Soden	13 ind
12	Derrick Washington	6 ind, 6 relay
12	Isaac Almoney	12 ind
11	Miguel Charlery	7 ind, 4 relay
11	Tyler Boone	6 ind, 5 relay
11	Akeim Thomas	4 ind, 7 relay
11	Andrew Schumacher	4 ind, 7 relay
11	Asher Ashfield	7 ind, 4 relay
11	Drew Miller	11 ind
11	Mike Saparito	5 ind, 6 relay
10	William Berry	8 ind, 2 relay
10	Jeremy Burger	10 ind
10	Christian Castro	9 ind, 1 relay
10	Frank Fezza	8 ind, 2 relay
10	Brandon Hillman	9 ind, 1 relay
10	Drew Nesbitt	7 ind, 3 relay
10	Greg Pammer	1 ind, 9 relay
10	Dominic Walton	10 ind

Scoring Performances (Individual)

15	Dan Johnson
15	Paul Wagner
13	Kyle Soden
12	Isaac Almoney
11	Drew Miller
11	Steve Morgan
11	Iuri Pinto
10	Jeremy Burger
10	Andrew McCloskey
10	Dominic Walton
9	Anthony Voto
9	Damien Boham
9	Christian Castro
9	Brandon Hillman
9	Lenny Jenkins
9	Ian Melhorn
9	Keith Parker-Washington
9	Chris Reddick
9	Rusty Smith
9	Mark Stinson
8	Cole Gorham
8	Darnell Randall
8	William Berry
8	Ronald D'Eliseo
8	Negus Graham
8	Mike Newhard

Scoring Performances (Relays)

12	Keith Parker-Washington
10	Damien Boham
9	Greg Pammer
8	Khai Samuels
8	Ian Melhorn
8	Chris Reddick

JACK GORHAM (7 individual)2024 Outdoor

TJ	2	48-3 1/4
LJ	5	22-7 1/4

2024 Indoor

LJ	4	23-4
TJ	8	45-6 1/2

2023 Outdoor

LJ	6	23-0 3/4
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2023 Indoor

LJ	7	22-2 1/2
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2022 Indoor

LJ	7	22-1 3/4
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ANTHONY VOTO (9 individual)2024 Outdoor

SP	3	55-10 1/4
HT	3	186-7
Discus	6	151-10

2024 Indoor

WT	2	59-6 3/4
SP	5	58-1 1/4

2023 Outdoor

Discus	5	151-10
HT	6	171-9
SP	6	51-11 1/4

2023 Indoor

WT	8	50-8
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COLE GORHAM (8 individual)2024 Outdoor

Discus	1	185-7
SP	2	56-4

2024 Indoor

SP	1	58-1 1/4
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2023 Outdoor

Discus	3	165-6
SP	4	53-9 1/4

2023 Indoor

SP	6	51-7 3/4
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2022 Outdoor

Discus	2	164-6
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2022 Indoor

SP	4	50-2 3/4
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MIGUEL CHARLERY (7 individual, 4 relay)2024 Outdoor

200m	1	21.46
4x4	1	3:14.94
100m	6	10.73

2024 Indoor

4x4	1	3:20.00
200m	2	22.07
60m	7	6.99

2023 Outdoor

200m	3	21.57
100m	5	10.74
4x1	5	42.31

2023 Indoor

4x4	4	3:24.61
200m	5	22.30

CALEB CARNEY (6 individual, 1 relay)2023 Outdoor

4x4	2	3:15.55
110m Hurdles	7	15.12
2023 Indoor		
Heptathlon	2	4701

2022 Outdoor

400m Hurdles	2	54.41
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2022 Indoor

60m Hurdles	5	8.66
Heptathlon	5	4415

2021 Outdoor

Decathlon	4	5697
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ZANDREW BOWE (3 individual, 5 relay)2024 Outdoor

4x4	1	3:14.94
400m	6	49.55

2023 Outdoor

4x4	2	3:15.55
400m	6	49.03

2022 Outdoor

4x4	2	3:17.66
400m	8	49.69

2021 Outdoor

4x4	2	3:24.07
400m	8	50.67

2020 Indoor

DMR	2	10:36.03
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TYLER BOONE (6 individual, 5 relay)2024 Outdoor

4x4	1	3:14.94
400m	2	48.30
200m	4	21.70

2024 Indoor

400m	1	50.10
4x4	1	3:20.00

2023 Outdoor

400m	8	49.79
4x4	2	3:15.55

2022 Outdoor

400m	3	48.12
4x4	2	3:17.66

2022 Indoor

400m	6	50.08
4x4	2	3:24.73

DONAVAN ANDERSON (5 individual)2023 Outdoor

TJ	1	48-11 1/2
LJ	3	23-6 1/4

2023 Indoor

TJ	1	49-5 1/2
LJ	2	24-5
60m	8	7.10

ISAAC ALMONEY (12 individual)2024 Outdoor

Hammer	2	190-10
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2023 Outdoor

Hammer	5	182-6
Discus	8	147-10

2023 Indoor

Weight	5	53-11 3/4
SP	8	49-2 1/2

2022 Outdoor

Hammer	2	186-1
Discus	4	156-11
SP	5	51-7

2022 Indoor

SP	5	49-4 1/2
Weight	6	53-9 3/4

2021 Outdoor

Hammer	4	174-3
Discus	8	144-10

RAUL ESTEVES (4 individual, 4 relay)

<u>2023 Outdoor</u>		
4x1	5	42.31
<u>2023 Indoor</u>		
200m	6	22.50
<u>2022 Indoor</u>		
4x4	2	3:24.73
60m	3	7.05
<u>2021 Outdoor</u>		
100m	1	10.70
4x4	2	3:24.07
4x1	3	42.76
200m	4	22.23

DARYN BLACKWELL (7 individual)

<u>2023 Outdoor</u>		
Hammer	2	187-9
<u>2023 Indoor</u>		
Weight	5	54-9 1/4
<u>2022 Outdoor</u>		
Hammer	3	178-5
Discus	7	148-6
<u>2022 Indoor</u>		
Weight	3	55-4 3/4
<u>2021 Outdoor</u>		
Hammer	8	170-10
<u>2020 Indoor</u>		
Weight	7	53-7

DANIEL DALEY (7 individual)

<u>2023 Indoor</u>		
Heptathlon	8	4282
<u>2022 Outdoor</u>		
110m Hurdles	7	15.26
Decathlon	7	5293
<u>2022 Indoor</u>		
60m Hurdles	3	8.50
Heptathlon	4	4456
<u>2021 Outdoor</u>		
Decathlon	3	5415
<u>2020 Indoor</u>		
Heptathlon	7	4222

SEAN ROBERTS (2 individual, 6 relay)

<u>2022 Outdoor</u>		
4x4	2	3:17.66
400m	6	54.41
<u>2022 Indoor</u>		
4x4	2	3:24.73
<u>2021 Outdoor</u>		
4x4	2	3:24.07
4x1	3	42.76
400m	7	50.41
<u>2020 Indoor</u>		
4x4	2	3:22.03
<u>2019 Indoor</u>		
4x4	3	3:19.06

JUSTIN MILLER (6 individual)

<u>2020 Indoor</u>		
LJ	2	23-4 3/4
TJ	2	48-4 1/2
<u>2019 Outdoor</u>		
LJ	1	23-2 3/4
TJ	4	46-3 1/2
<u>2019 Indoor</u>		
LJ	2	22-7 3/4
TJ	2	47-3

JALEN BAILEY (3 individual, 2 relay)

<u>2020 Indoor</u>		
60m Hurdles	3	8.27
4x4	2	3:22.03
<u>2019 Outdoor</u>		
4x1	1	41.69
<u>2019 Indoor</u>		
200m	3	22.04
60m Hurdles	3	8.20

DOMINIC WALTON (10 individual)

<u>2021 Outdoor</u>		
SP	1	53-1 3/4
Discus	2	159-4
<u>2020 Indoor</u>		
SP	2	56-4
Weight	3	58-10 1/4
<u>2019 Outdoor</u>		
SP	3	52-7 1/2
Discus	4	163-6
Hammer	8	157-8
<u>2019 Indoor</u>		
SP	3	53-6 1/2
<u>2018 Outdoor</u>		
SP	3	54-3 3/4
<u>2018 Indoor</u>		
SP	6	49-7 3/4

DARNELL RANDALL (8 individual)

<u>2020 Indoor</u>		
HJ	5	6-4
LJ	1	23-11 1/2
<u>2019 Outdoor</u>		
LJ	6	22-8
<u>2019 Indoor</u>		
HJ	4	6-4 1/4
<u>2018 Outdoor</u>		
HJ	6	6-6 1/4
LJ	1	23-6 3/4
<u>2018 Indoor</u>		
LJ	3	22-5 3/4
<u>2017 Outdoor</u>		
LJ	7	22-9

ANDREW SCHUMACHER (4 individual, 7 relay)

<u>2020 Indoor</u>		
4x4	2	3:22.03
<u>2019 Outdoor</u>		
400m Hurdles	6	54.03
4x4	3	3:18.82
<u>2019 Indoor</u>		
400	7	50.04
4x4	3	3:19.06
<u>2018 Outdoor</u>		
400m Hurdles	5	55.04
4x1	1	41.61
4x4	4	3:17.31
<u>2017 Outdoor</u>		
400m Hurdles	5	54.14
4x4	4	3:19.01
<u>2017 Indoor</u>		
4x4	2	3:19.51

ANDY LOPEZ (1 individual, 5 relay)

<u>2020 Indoor</u>		
Mile	8	4:29.12
4x8	2	7:56.93
<u>2019 Outdoor</u>		
4x8	3	7:44.53
<u>2018 Indoor</u>		
4x8	5	8:01.02
<u>2017 Outdoor</u>		
4x8	2	7:56.28
<u>2017 Indoor</u>		
4x8	3	7:54.25

NOAH LOCKWOOD (6 individual)

<u>2020 Indoor</u>		
SP	3	51-9
<u>2019 Outdoor</u>		
SP	7	48-9
<u>2018 Indoor</u>		
SP	8	47-6 1/4
<u>2017 Outdoor</u>		
SP	4	50-5 1/2
Discus	4	158-0
<u>2017 Indoor</u>		
SP	5	48-0

PAT MONAHAN (3 individual, 4 relay)

<u>2019 Outdoor</u>		
4x1	1	41.69
<u>2019 Indoor</u>		
60m	7	6.97
<u>2018 Outdoor</u>		
4x1	1	41.61
<u>2018 Indoor</u>		
60m	8	7.08
<u>2017 Outdoor</u>		
4x1	3	41.77
<u>2017 Indoor</u>		
60m	6	6.98
<u>2016 Outdoor</u>		
4x1	3	41.53

AKEIM THOMAS (4 individual, 7 relay)

<u>2019 Outdoor</u>		
110m Hurdles	8	15.24
4x1	1	41.69
4x4	3	3:18.82
<u>2019 Indoor</u>		
60m Hurdles	4	8.36
<u>2017 Outdoor</u>		
110m Hurdles	7	15.39
4x1	3	41.77
4x4	4	3:19.01
<u>2017 Indoor</u>		
4x4	2	3:19.51
<u>2016 Outdoor</u>		
200m	5	22.41
4x1	3	41.53
<u>2016 Indoor</u>		
4x4	4	3:19.05

KHAI SAMUELS (7 individual, 8 relay)

<u>2019 Outdoor</u>		
4x8	3	7:44.53
<u>2019 Indoor</u>		
800m	3	1:57.71
<u>2018 Outdoor</u>		
800m	7	1:54.15
4x8	2	7:39.18
<u>2018 Indoor</u>		
800m	2	1:54.89
4x8	5	8:01.12
<u>2017 Outdoor</u>		
800m	5	1:54.50
4x8	2	7:56.58
<u>2017 Indoor</u>		
800m	1	1:53.73
4x8	3	7:54.25

<u>2016 Outdoor</u>		
800m	5	1:53.53
4x4	6	3:19.63
4x8	3	7:49.82
<u>2016 Indoor</u>		
800m	6	1:57.06
4x8	2	7:57.19

AUSTIN HORNER (6 individual, 1 relay)

<u>2018 Outdoor</u>		
Decathlon	1	6,765
Long Jump	7	22-0 1/4
4x4	4	3:17.31
<u>2018 Indoor</u>		
Heptathlon	2	4,926
Long Jump	4	22-5 3/4
<u>2017 Outdoor</u>		
Long Jump	3	23-2
<u>2017 Indoor</u>		
Long Jump	3	21-11 1/2

MIKE SHEPTUK (1 individual, 4 relay)

<u>2018 Outdoor</u>		
4x8	2	7:39.18
<u>2018 Indoor</u>		
Mile	6	4:20.12
4x8	5	8:01.02
<u>2017 Outdoor</u>		
4x8	2	7:56.28
<u>2017 Indoor</u>		
4x8	3	7:54.25

CHRISTIAN CASTRO (9 individual, 1 relay)

<u>2018 Outdoor</u>		
200m	7	22.55
110m Hurdles	3	14.43
4x1	1	41.61

<u>2018 Indoor</u>		
60m	5	6.99
200m	3	22.21
60m Hurdles	1	8.19

<u>2017 Outdoor</u>		
110m Hurdles	5	15.12

<u>2017 Indoor</u>		
60m Hurdles	6	8.33

<u>2016 Outdoor</u>		
110m Hurdles	6	15.02
400m Hurdles	8	1:00.41

ALEC LEDERER (6 individual)

<u>2017 Outdoor</u>		
3000m Stpl	4	9:32.18

<u>2017 Indoor</u>		
3000m	6	8:38.49
5000m	2	15:03.91

<u>2016 Outdoor</u>		
3000m Stpl	2	9:32.13

<u>2016 Indoor</u>		
3000m	7	8:44.10

<u>2015 Outdoor</u>		
3000m Stpl	6	9:29.66

JUWAAN WALKER (1 individual, 5 relay)

<u>2016 Outdoor</u>		
4x4	6	3:19.63

<u>2016 Indoor</u>		
4x4	4	3:19.05

<u>2015 Outdoor</u>		
400m	7	49.73
4x1	4	41.98
4x4	1	3:14.12

<u>2015 Indoor</u>		
4x4	5	3:23.20

STEVE MORGAN (11 individual, 4 relay)

<u>2017 Outdoor</u>		
110m Hurdles	1	14.51
4x1	3	41.77

<u>2017 Indoor</u>		
60m Hurdles	1	8.06

<u>2016 Outdoor</u>		
110m Hurdles	1	14.43
4x1	3	41.53

<u>2016 Indoor</u>		
60m Hurdles	2	8.28

<u>2015 Outdoor</u>		
200m	6	22.21
110m Hurdles	1	14.32
LJ	8	21-11
4x1	4	41.98

<u>2015 Indoor</u>		
60m Hurdles	1	8.19
LJ	5	21-10

<u>2014 Outdoor</u>		
110m Hurdles	1	14.69
4x1	3	42.07

<u>2014 Indoor</u>		
60m Hurdles	2	8.34

RONALD D'ELISEO (8 individual, 5 relay)

<u>2018 Outdoor</u>		
400m Hurdles	2	52.92
4x1	1	41.61

<u>2015 Outdoor</u>		
110m Hurdles	4	14.93
400m Hurdles	3	52.83
4x4	1	3:14.12

<u>2015 Indoor</u>		
200m	6	22.41
60m Hurdles	6	8.43
4x4	5	3:23.20

<u>2014 Outdoor</u>		
110m Hurdles	3	14.94
400m Hurdles	3	53.59
4x1	3	42.07

<u>2014 Indoor</u>		
60m Hurdles	4	8.46
4x4	2	3:18.28

ROBERT GARVEY (2 individual, 7 relay)

<u>2016 Outdoor</u>		
400m	6	49.23
4x4	4	3:19.01

<u>2016 Indoor</u>		
400m	4	49.72
4x4	2	3:19.51

<u>2016 Outdoor</u>		
4x4	6	3:19.63

<u>2016 Indoor</u>		
4x4	4	3:19.05

<u>2015 Indoor</u>		
DMR	4	10:30.03

<u>2014 Outdoor</u>		
4x4	2	3:12.07

<u>2014 Indoor</u>		
DMR	6	10:35.58

WILLIAM BERRY (8 individual, 2 relay)

<u>2016 Outdoor</u>		
HJ	1	6-9 1/2

<u>2016 Indoor</u>		
HJ	1	6-9 3/4

<u>2015 Outdoor</u>		
HJ	1	6-9 3/4

<u>2015 Indoor</u>		
HJ	2	6-8 3/4

<u>2014 Outdoor</u>		
HJ	1	6-10 1/4

<u>2014 Indoor</u>		
HJ	2	6-8 3/4

<u>2013 Outdoor</u>		
HJ	3	6-6 3/4

<u>2013 Indoor</u>		
HJ	T3	6-6 3/4
4x4	1	3:17.98
DMR	3	10:12.44

ADAM ROBERTINO (6 individual)

2016 Outdoor
400m Hurdles 7 56.59

2016 Indoor
60m Hurdles 4 8.38

2015 Outdoor
110m Hurdles 5 15.04

2015 Indoor
60m Hurdles 8 8.75

2014 Outdoor
110m Hurdles 5 15.28

2014 Indoor
60m Hurdles 8 8.64

ERIC CONARD (7 individual)

2016 Outdoor
Javelin 5 181-10
Decathlon 3 6,117

2016 Indoor
Heptathlon 6 4,414

2015 Outdoor
Decathlon 1 6,209

2015 Indoor
Heptathlon 5 4,447

2014 Indoor
Heptathlon 7 4,142

2013 Outdoor
Decathlon 4 5,979

SETH BAILEY (5 individual, 1 relay)

2014 Outdoor
HJ 5 6-6 1/4
4x1 3 42.07

2014 Indoor
60m 4 7.06
HJ 1 6-9 3/4

2013 Outdoor
HJ 1 6-10 1/4

2013 Indoor
HJ 5 6-6 3/4

DERRICK WASHINGTON (6 individual, 6 relay)

2016 Outdoor
400m 1 47.83
4x4 6 3:19.63

2016 Indoor
400m 2 49.27
4x4 4 3:19.05

2015 Outdoor
400m 1 47.72
4x1 1 3:14.12

2015 Indoor
400m 5 49.35
4x4 5 3:23.20

2014 Outdoor
110m Hurdles 8 15.36
4x4 2 3:12.07

2014 Indoor
400m 6 49.98

2012 Indoor
4x4 2 3:16.97

DAMIEN BOHAM (9 individual, 10 relay)

2015 Outdoor
400m 3 48.28
800m 3 1:53.19
4x4 1 3:14.12

2015 Indoor
800m 1 1:54.01
4x4 5 3:23.20

2014 Outdoor
400m 4 48.51
800m 6 1:56.37
4x4 2 3:12.07

2014 Indoor
400m 2 48.99
4x4 2 3:18.28
4x8 3 7:52.99

2013 Outdoor
400m 1 47.66
4x4 2 3:15.36

2013 Indoor
400m 2 49.00
4x4 1 3:17.98
4x8 2 7:49.49

2012 Indoor
4x4 2 3:16.97
DMR 2 10:15.02

2012 Outdoor
400m 2 47.92
4x4 4 3:15.98

TRAVIS TOTH (7 individual)

2016 Outdoor
Hammer 1 202-5

2016 Indoor
WT 1 60-7 1/4

2014 Outdoor
Hammer 1 198-11

2014 Indoor
WT 1 60-10

2013 Outdoor
Hammer 2 184-10

2013 Indoor
WT 2 59-1 1/2

2012 Outdoor
Hammer 5 172-3

MIKE SMITH (5 individual)

2015 Outdoor
SP 4 52-4 3/4
Hammer 6 172-11

2015 Indoor
SP 5 50-1 1/4

2014 Indoor
Weight 4 58-8

2013 Indoor
Weight 5 56-2

CHRIS OTT (7 relay)

2015 Outdoor
4x8 6 7:53.00

2015 Indoor
4x8 3 7:58.53
DMR 4 10:30.03

2014 Outdoor
4x8 6 8:00.27

2014 Indoor
DMR 6 10:35.58

2013 Outdoor
4x8 5 7:58.09

2012 Indoor
4x8 7 8:05.83

STEVE RUCH (1 individual, 5 relay)

<u>2015 Indoor</u>		
4x8	3	7:58.53
DMR	4	10:30.03

<u>2014 Outdoor</u>		
4x8	6	8:00.27

<u>2014 Indoor</u>		
Mile	6	4:17.26
4x8	3	7:52.99

<u>2012 Indoor</u>		
4x8	7	8:05.83

CHRIS SCHNEIDER (4 individual, 5 relay)

<u>2014 Outdoor</u>		
1500m	7	4:02.87
4x8	6	8:00.27

<u>2014 Indoor</u>		
3000m	3	8:39.60
5000m	3	15:03.57
4x8	3	7:52.99

<u>2013 Indoor</u>		
3000m	4	8:35.95
4x8	2	7:49.49

<u>2012 Indoor</u>		
4x8	7	8:05.83

<u>2011 Indoor</u>		
DMR	5	10:24.37

KEITH PARKER-WASHINGTON (9 individual, 12 relay)

<u>2014 Outdoor</u>		
100m	6	10.87
200m	3	22.25
4x1	3	42.07
4x4	2	3:12.07

<u>2014 Indoor</u>		
200m	8	22.74
4x4	2	3:18.28

<u>2013 Outdoor</u>		
200m	2	21.61
LJ	8	21-8 1/4
4x1	2	41.00
4x4	2	3:15.36

<u>2013 Indoor</u>		
200m	4	22.37
4x4	1	3:17.98

<u>2012 Outdoor</u>		
200m	6	22.00
LJ	8	21-11 3/4
4x1	1	40.98
4x4	4	3:15.98

<u>2012 Indoor</u>		
4x4	2	3:16.97

<u>2011 Outdoor</u>		
200m	3	22.23
4x1	2	41.04
4x4	1	3:13.91

<u>2011 Indoor</u>		
4x4	1	3:17.99

BRANDON MERCER (3 individual, 2 relay)

<u>2013 Outdoor</u>		
4x1	2	41.00

<u>2013 Indoor</u>		
60m	4	7.06

<u>2012 Outdoor</u>		
100m	5	10.83
4x1	1	40.98

<u>2012 Indoor</u>		
60m	6	7.04

KYLE SODEN (13 individual)

<u>2013 Outdoor</u>		
HJ	T8	6-2 3/4

<u>2013 Indoor</u>		
60m Hurdles	3	8.46
HJ	T8	6-2 3/4

<u>2012 Outdoor</u>		
110m Hurdles	7	15.07
HJ	2	6-4 3/4

<u>2012 Indoor</u>		
60m Hurdles	4	8.49
HJ	1	6-5 1/2

<u>2011 Outdoor</u>		
110m Hurdles	7	15.70
HJ	3	6-5 1/2

<u>2011 Indoor</u>		
HJ	3	6-5

<u>2010 Outdoor</u>		
HJ	T4	6-4 3/4

<u>2010 Indoor</u>		
60m Hurdles	6	8.41
HJ	7	6-2 3/4

MIKE SAPARITO (5 individual, 6 relay)

<u>2013 Outdoor</u>		
4x8	5	7:58.09

<u>2013 Indoor</u>		
800m	3	1:54.81
4x4	1	3:17.98
4x8	2	7:49.49
DMR	3	10:12.44

<u>2011 Outdoor</u>		
800m	5	1:53.08

<u>2011 Indoor</u>		
800m	1	1:53.19
4x8	1	7:45.11

<u>2010 Outdoor</u>		
800m	5	1:54.98

<u>2010 Indoor</u>		
800m	3	1:55.73
4x8	2	7:50.11

FRANK FEZZA (8 individual, 2 relay)2013 Outdoor

1500m	1	3:54.81
5000m	8	15:25.20

2013 Indoor

3000m	5	8:37.80
5000m	3	15:09.34
DMR	3	10:12.44

2012 Outdoor

5000m	4	15:11.38
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2012 Indoor

3000m	5	8:39.11
DMR	2	10:15.02

2010 Indoor

3000m	6	8:30.45
4x8	2	7:50.11

AMR ALDEEN (2 individual, 4 relay)2014 Indoor

4x8	3	7:52.99
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2013 Outdoor

4x8	5	7:58.09
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2013 Indoor

Mile	5	4:19.39
DMR	3	10:12.44

2011 Indoor

Mile	5	4:15.88
4x8	1	7:45.11

2010 Indoor

DMR	7	10:39.45
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DAN JOHNSON (15 individual)2012 Outdoor

HJ	8	6-2 3/4
Decath	1	6,925

2012 Indoor

HJ	T3	6-3 1/2
Hept	1	4,866

2011 Outdoor

Decath	3	6,516
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2011 Indoor

HJ	T5	6-3 1/4
Hept	3	4,797

2010 Outdoor

HJ	6	6-2 3/4
Decath	2	6,377

2010 Indoor

HJ	8	6-2 3/4
Hept	5	4,654

2009 Outdoor

HJ	7	6-3 1/2
Decath	5	5,946

2009 Indoor

HJ	4	6-6
Hept	6	4,426

IAN MELHORN (9 individual, 8 relay)2012 Outdoor

100m	6	10.85
200m	3	21.63
4x1	1	40.98
4x4	4	3:15.98

2012 Indoor

60m	4	7.02
200m	1	21.96
4x4	2	3:16.97

2011 Outdoor

100m	6	11.08
200m	6	22.62
4x1	2	41.04

2011 Indoor

200m	4	22.21
4x4	1	3:17.99

2010 Outdoor

200m	5	21.96
4x1	1	40.79
4x4	1	3:14.29

2010 Indoor

200m	6	22.23
4x4	1	3:16.39

ASHER ASHFIELD (7 individual, 4 relay)2011 Outdoor

100m	1	10.88
200m	8	23.69
4x1	2	41.04

2011 Indoor

60m	4	7.04
200m	8	22.73

2010 Outdoor

200m	8	22.38
4x1	1	40.79

2010 Indoor

60m	7	7.13
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2009 Outdoor

100m	6	10.93
4x1	1	40.83

2008 Outdoor

4x1	4	42.06
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NEGUS GRAHAM (8 individual, 5 relay)2011 Outdoor

200m	1	21.99
400m	1	47.16
4x1	2	41.04
4x4	1	3:13.91

2011 Indoor

200m	1	21.83
400m	1	47.95
4x4	1	3:17.99

2010 Outdoor

200m	6	21.99
400m	1	47.43
4x4	1	3:14.29

2010 Indoor

200m	3	21.97
400m	3	48.19
4x4	1	3:16.39

GREG PAMMER (1 individual, 9 relay)

<u>2011 Outdoor</u>		
4x4	1	3:13.91
<u>2011 Indoor</u>		
400m	5	50.03
4x4	1	3:17.99
<u>2010 Outdoor</u>		
4x4	1	3:14.29
<u>2010 Indoor</u>		
4x4	1	3:16.39
<u>2009 Outdoor</u>		
4x4	7	3:21.81
<u>2009 Indoor</u>		
DMR	4	10:31.09
<u>2008 Outdoor</u>		
4x1	4	42.06
4x4	4	3:16.27
<u>2008 Indoor</u>		
4x4	3	3:20.77

SAM JANSSEN (2 individual, 3 relay)

<u>2012 Indoor</u>		
DMR	2	10:15.02
<u>2010 Indoor</u>		
800m	7	1:57.23
4x8	2	7:50.11
<u>2009 Outdoor</u>		
800m	6	1:58.39
<u>2009 Indoor</u>		
4x8	5	8:05.34

ANDREW MCCLOSKEY (10 individual, 4 relay)

<u>2010 Outdoor</u>		
100m	1	10.85
200m	2	21.50
4x1	1	40.79
<u>2009 Outdoor</u>		
100m	1	10.41
200m	1	21.30
4x1	1	40.83
4x4	7	3:21.81
<u>2009 Indoor</u>		
55m	3	6.51
200m	3	22.27
<u>2008 Outdoor</u>		
100m	5	10.81
200m	2	21.60
4x1	4	42.06
<u>2008 Indoor</u>		
55m	6	6.60
200m	3	22.36

BRANDON HILLMAN (9 individual, 1 relay)

<u>2012 Outdoor</u>		
TJ	8	46-1 ½
<u>2011 Outdoor</u>		
LJ	7	22-5
<u>2010 Outdoor</u>		
TJ	7	45-11 ¾
<u>2010 Indoor</u>		
TJ	5	46-8
<u>2009 Outdoor</u>		
110m Hurdles	8	15.69
4x4	7	3:21.81
TJ	4	47-3 ¾
<u>2009 Indoor</u>		
55m Hurdles	8	8.15
LJ	6	22-3 ½
TJ	3	47-8

CHRIS ZADROGA (3 individual, 4 relay)

<u>2011 Indoor</u>		
DMR	5	10:24.37
3000m Stpl	5	9:29.32
<u>2010 Outdoor</u>		
3000m Stpl	7	9:30.63
<u>2010 Indoor</u>		
DMR	7	10:39.45
<u>2009 Outdoor</u>		
3000m Stpl	6	9:44.22
<u>2009 Indoor</u>		
DMR	4	10:31.09
<u>2008 Indoor</u>		
DMR	7	10:54.77

PAUL WAGNER (15 individual)

<u>2010 Outdoor</u>		
Hammer	1	197-0
Discus	4	152-3
Shot Put	1	51-9 ¼
<u>2010 Indoor</u>		
Weight	1	66-3 ¾
Shot Put	1	52-5 ¼
<u>2009 Outdoor</u>		
Hammer	1	190-3
Discus	6	150-3
Shot Put	3	49-2 ¼
<u>2009 Indoor</u>		
Weight	1	61-3 ½
Shot Put	4	49-2 ¼
<u>2008 Outdoor</u>		
Hammer	1	179-5
Discus	5	147-6
<u>2008 Indoor</u>		
Weight	1	58-8 ½
<u>2007 Outdoor</u>		
Shot Put	8	47-5
Hammer	7	148-2

DREW MILLER (11 individual)

<u>2010 Outdoor</u>		
LJ	3	23-3 ¼
TJ	1	49-5 ½
<u>2010 Indoor</u>		
LJ	4	23-3 ¼
TJ	1	50-1 ¾
<u>2009 Outdoor</u>		
TJ	2	48-4 ¾
<u>2009 Indoor</u>		
TJ	1	48-1 ¼
<u>2008 Outdoor</u>		
TJ	1	48-5 1/2
<u>2008 Indoor</u>		
LJ	6	22-0 ¼
TJ	1	48-2
<u>2007 Outdoor</u>		
TJ	4	46-9
<u>2007 Indoor</u>		
TJ	6	45-5 ¾

CHRIS REDDICK (9 individual, 8 relay)

<u>2010 Outdoor</u>		
200m	7	22.09
400m	5	48.21
4x1	1	40.79
4x4	1	3:14.29
<u>2010 Indoor</u>		
200m	1	21.24
400m	2	48.17
4x4	1	3:16.39
<u>2009 Outdoor</u>		
200m	4	21.66
4x1	1	40.83
4x4	7	3:21.81
<u>2009 Indoor</u>		
200m	1	21.86
400m	2	49.11
<u>2008 Outdoor</u>		
400m	5	48.53
4x1	4	42.06
4x4	4	3:16.27
<u>2008 Indoor</u>		
400m	4	49.54
4x4	3	3:20.77

RUSTY SMITH (9 individual)

<u>2010 Outdoor</u>		
110m Hurdles	2	14.79
<u>2010 Indoor</u>		
60m Hurdles	8	12.70
<u>2009 Outdoor</u>		
110m Hurdles	1	14.41
400m Hurdles	2	54.46
<u>2009 Indoor</u>		
55m Hurdles	1	7.60
<u>2008 Outdoor</u>		
110m Hurdles	7	15.07
<u>2008 Indoor</u>		
55m Hurdles	2	7.51
<u>2007 Outdoor</u>		
110m Hurdles	5	14.86
<u>2007 Indoor</u>		
55m Hurdles	5	7.75

MATTHEW GALLUP (7 individual)

<u>2010 Outdoor</u>		
PV	3	14-10 ¼
<u>2010 Indoor</u>		
PV	4	15-7 ¼
<u>2009 Outdoor</u>		
PV	1	16-0 ¾
<u>2009 Indoor</u>		
PV	1	16-0 ½
<u>2008 Outdoor</u>		
PV	1	16-8 ¾
<u>2008 Indoor</u>		
PV	1	15-5
<u>2007 Outdoor</u>		
PV	2	15-1 ¾

SHANE BURROWS (6 individual)

<u>2010 Outdoor</u>		
HJ	3	6-6 ¾
<u>2010 Indoor</u>		
HJ	T5	6-2 ¾
<u>2009 Outdoor</u>		
HJ	5	6-3 ½
<u>2009 Indoor</u>		
HJ	8	6-2
<u>2007 Outdoor</u>		
PV	5	14-2
<u>2007 Indoor</u>		
PV	8	13-11 ¾

KENNY CARDULLO (7 individual)

<u>2009 Outdoor</u>		
HJ	4	6-4 ¾
Javelin	5	194-9
<u>2009 Indoor</u>		
HJ	5	6-4
<u>2008 Outdoor</u>		
Javelin	5	195-11
<u>2008 Indoor</u>		
Pent	1	3,534
<u>2007 Outdoor</u>		
Javelin	3	198-6
<u>2007 Indoor</u>		
Pent	4	3,352

IURI PINTO (11 individual, 4 relay)

2008 Outdoor
 1500m 1 3:52.69
 5000m 5 15:19.24

2008 Indoor
 Mile 2 4:13.59
 4x8 6 7:59.37

2007 Outdoor
 1500m 1 3:50.53

2007 Indoor
 Mile 1 4:12.95
 3000m 8 8:42.17
 DMR 1 10:03.18

2006 Outdoor
 5000m 5 14:52.82

2006 Indoor
 Mile 3 4:17.86
 DMR 1 10:10.96

2005 Outdoor
 1500m 3 4:03.86

2005 Indoor
 Mile 5 4:17.38
 3000m 4 8:45.07
 DMR 1 10:10.37

ED KISER (3 individual, 2 relay)

2008 Outdoor
 400m 8 51.02
 4x4 4 3:16.27

2008 Indoor
 400m 3 49.49
 4x4 3 3:20.77

2007 Outdoor
 400m 4 48.98

RYAN KRAMER (6 individual)

2008 Outdoor
 HJ 7 6-6

2008 Indoor
 HJ T3 6-6 ¼

2007 Outdoor
 HJ 4 6-4 ¾

2007 Indoor
 HJ 5 6-6 ¼

2006 Outdoor
 HJ 8 6-2 ¾

2006 Indoor
 HJ 7 6-6

DREW NESBITT (7 individual, 3 relay)

2007 Outdoor
 1500m 5 3:53.61

2007 Indoor
 Mile 4 4:15.70
 3000m 6 8:38.85
 DMR 1 10:03.18

2006 Outdoor
 1500m 4 4:00.89

2006 Indoor
 Mile 5 4:18.69
 DMR 1 10:10.96

2005 Outdoor
 1500m 4 4:04.13

2005 Indoor
 DMR 1 10:10.37

2004 Indoor
 800m 5 1:58.68

ROB INNIS (5 individual, 3 relay)

2007 Indoor
 800m 7 1:57.15
 DMR 1 10:03.18

2006 Indoor
 800m 8 1:58.80
 DMR 1 10:10.96

2005 Outdoor
 800m 8 1:56.41

2005 Indoor
 800m 6 1:57.53
 DMR 1 10:10.37

2004 Indoor
 800m 6 1:59.36

ANDY RICHARD (6 individual)

2007 Outdoor
 LJ 2 23-6

2007 Indoor
 LJ 6 22-5 ¾

2006 Indoor
 LJ 5 23-0

2005 Outdoor
 LJ 1 22-11

2005 Indoor
 LJ 3 22-10 ¾

2004 Outdoor
 LJ 6 22-3 1/2

MALCOLM HUGGINS (6 individual)

2007 Outdoor
 TJ 8 45-1 1/2

2006 Outdoor
 TJ 6 43-7 1/4

2006 Indoor
 TJ 5 44-5

2005 Outdoor
 HJ 4 6-5
 TJ 5 45-2 1/2

2005 Indoor
 TJ 4 44-9 1/2

JEREMY BURGER (10 individual)2007 Outdoor

Hammer	6	154-8
Discus	6	148-3
Shot Put	2	52-5 1/4

2007 Indoor

Weight	2	53-6 1/2
Shot Put	3	51-0 3/4

2006 Outdoor

Hammer	4	148-1
Discus	2	140-5
Shot Put	7	45-2 1/2

2005 Outdoor

Discus	4	144-6
Shot Put	5	48-9

MIKE NEWHARD (8 individual)2004 Outdoor

HJ	3	6-5
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2004 Indoor

HJ	1	6-9
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2003 Outdoor

110m Hurdles	6	15.62
HJ	6	6-4 3/4

2003 Indoor

HJ	1	6-10 1/2
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2002 Outdoor

110m Hurdles	4	15.25
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2002 Indoor

HJ	1	6-9
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2001 Outdoor

HJ	1	6-10
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MARK STINSON (9 individual)2003 Outdoor

400m Hurdles	1	53.19
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2003 Indoor

200m	6	22.86
LJ	3	22-8 1/4

2002 Outdoor

100m	5	11.31
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2002 Indoor

55m	3	6.60
200m	5	22.89
LJ	2	23-8

2001 Outdoor

200m	2	22.19
LJ	6	22-3 1/4

DARRYL BROWN (5 individual)2003 Indoor

Mile	4	4:22.37
3000m	6	8:52.04

2002 Outdoor

1500m	4	4:03.26
5000	8	15:29.65

2002 Indoor

3000m	4	8:51.73
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RUSS MCGEEHAN (6 individual)1997 Outdoor

Shot Put	3	48-6 1/2
Discus	1	158-2 3/4

1996 Outdoor

Shot Put	6	44-5 1/2
Discus	2	154-5 1/2

1995 Outdoor

Shot Put	3	48-2 1/2
Discus	3	146-2

ROB STONE (6 individual)1998 Outdoor

100	3	10.72
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1996 Outdoor

LJ	3	22-11 3/4
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1995 Outdoor

LJ	1	23-3
TJ	2	46-3 3/4

1994 Outdoor

LJ	4	22-1 1/4
TJ	6	42-11 1/2

SETH KUCHAR (7 individual)1996 Outdoor

5000m	6	15:46.03
10000m	2	31:14.42

1995 Outdoor

5000m	3	15:20.78
10000m	3	31:39.27

1994 Outdoor

5000m	6	15:27.85
10000m	3	32:11.24

1993 Outdoor

10000m	6	32:50.60
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DAVE STUART (3 individual, 3 relay)1987 Outdoor

4x4	1	3:19.73
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1986 Outdoor

400m	6	50.71
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1985 Outdoor

400m	4	49.99
4x4	1	3:17.96

1984 Outdoor

400m	4	49.76
4x4	1	3:20.70

JACK GOLDOWSKI (4 individual, 3 relay)1985 Outdoor

400m Hurdles	T1	51.01
4x4	1	3:17.96

1984 Outdoor

400m Hurdles	1	52.24
4x4	1	3:20.70

1983 Outdoor

400m	4	49.63
4x4	1	3:16.63

1982 Outdoor

400m Hurdles	5	55.80
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MIKE OLSON (5 individual)1982 Outdoor

110m Hurdles	5	15.01
LJ	4	21-7
TJ	3	45-8 1/2

1980 Outdoor

LJ	3	21-6 1/4
TJ	3	44-11 3/4

PAUL FERENCY (6 individual)1979 Outdoor

Shot Put	1	57-5
Discus	2	159-3

1978 Outdoor

Shot Put	1	56-7
Discus	2	146-2

1976 Outdoor

Shot Put	1	53-10 1/2
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1975 Outdoor

Shot Put	2	50-2
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GARY JACKSON (4 individual, 1 relay)

<u>1978 Outdoor</u>		
4x1	1	42.29
<u>1977 Outdoor</u>		
220yd	5	22.75
<u>1976 Outdoor</u>		
100yd	T4	9.9
LJ	2	22-5 ½
<u>1975 Outdoor</u>		
100yd	6	10.2

PETE HEESEN (5 individual)

<u>1977 Outdoor</u>		
3000 Stpl	1	9:13.2
<u>1976 Outdoor</u>		
6 Mile	1	30:04.9
3000 Stpl	1	9:15.5
<u>1975 Outdoor</u>		
3000 Stpl	1	9:14.1
<u>1974 Outdoor</u>		
3000 Stpl	3	9:27.7

LENNY JENKINS (9 individual)

<u>1975 Outdoor</u>		
LJ	1	24-0
TJ	1	50-3
<u>1974 Outdoor</u>		
LJ	1	23-5 ¼
TJ	1	49-1 ¾
PV	1	15-2
<u>1973 Outdoor</u>		
LJ	1	23-1
TJ	1	47-5
PV	2	14-6
<u>1972 Outdoor</u>		
PV	2	14-0

RUSS HOPEWELL (6 individual, 1 relay)

<u>1962 Outdoor</u>		
LJ	1	23-10 ½
HJ	T4	
<u>1961 Outdoor</u>		
Mile Relay	1	3:26.7
Broad Jump	1	22-6 ¾
HJ	T3	
<u>1960 Outdoor</u>		
Broad Jump	2	
<u>1959 Outdoor</u>		
Broad Jump	5	

ARTHUR WILSON (5 individual)

<u>1962 Outdoor</u>		
220yd	2	
440yd	2	
<u>1960 Outdoor</u>		
220yd	3	
440yd	1	51.1
<u>1959 Outdoor</u>		
220yd	3	

LEWIS MURDOCH (5 individual, 2 relay)

<u>1961 Outdoor</u>		
220 Hurdles	4	
Mile Relay	1	3:26.7
<u>1960 Outdoor</u>		
120 Hurdles	4	
220 Hurdles	4	
<u>1959 Outdoor</u>		
440yd	2	
<u>1958 Outdoor</u>		
440yd	5	
Mile Relay	1	3:28.5

BERNARD BONNER (6 individual)

<u>1942 Outdoor</u>		
Mile	1	4:33.6
2 Mile	1	10:14.4
<u>1941 Outdoor</u>		
Mile	1	4:34.0
2 Mile	1	10:30.7
<u>1940 Outdoor</u>		
Mile	2	
2 Mile	2	

ERICKSON (5 individual)

<u>1937 Outdoor</u>		
Mile	1	4:36.3
<u>1936 Outdoor</u>		
880yd	3	
Mile	1	4:38.0
<u>1935 Outdoor</u>		
880yd	3	
Mile	2	

JOHN DUDA (6 individual)

<u>1934 Outdoor</u>		
440yd	1	50.4
880yd	1	2:04
<u>1933 Outdoor</u>		
440yd	2	
880yd	2	
<u>1932 Outdoor</u>		
880yd	2	
<u>1931 Outdoor</u>		
880yd	4	